

Brenda Moretta Guerrero, Ph.D., LPC, FT

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EDUCATION

Ph.D. in Developmental Psychology, 1996. Bowling Green State University, Bowling Green, Ohio.

M.S. in Counseling Psychology, 1998. Our Lady of the Lake University, San Antonio, TX.

M.A. in Developmental Psychology, 1988. Bowling Green State University, Bowling Green, Ohio.

B.A. in Psychology, 1984. University of Cincinnati, Cincinnati, Ohio.

LICENSES/PROFESSIONAL CERTIFICATIONS

Fellow in Thanatology, (FT) 2008- Association for Death Education and Counseling, W. Hartford, CT.
Recertified, Dec. 2021 – Dec. 2023.

Licensed Professional Counselor, 2004-. License # 56624

Certified in Thanatology: Death, Dying, and Bereavement, 2003-2007. Association for Death Education and Counseling, W. Hartford, CT. This certification replaced the Certified Death Educator credential.

Certified Death Educator, 1999-2003. Association for Death Education and Counseling, W. Hartford, CT.

Graduate Certificate in Gerontology, 1989. Bowling Green State University, Bowling Green, Ohio.

TEACHING EXPERIENCE

Professor, Dept. of Psychology, Our Lady of the Lake University, San Antonio, TX, 2005-.

Associate Professor, Dept. of Psychology, Our Lady of the Lake University, San Antonio, TX, 2000-2005.

Assistant Professor, Dept. of Psychology, Our Lady of the Lake University, San Antonio, TX, 1996 - 2000

CLINICAL AND OTHER RELEVANT VOLUNTEER AND WORK-RELATED EXPERIENCE

Licensed Professional Counselor, Alamo Area Counseling and Behavioral Associates (October 2021-present). Provide counseling services for teens and adults. Common therapeutic issues addressed include anxiety, depression, suicidal ideation, non-suicidal self-injury, life transitions, loss and grief, stress & coping, self-esteem, relationship issues, and emotional dysregulation.

Counseling Intern, Kerrville Veteran's Administration Hospital, Kerrville, Texas (January 2000-Sept. 2002). Provided individual, marital, and group counseling for general medical, geriatric, and terminally ill patients and their families. Common therapeutic issues addressed included loss, grief, dying, depression, anxiety, coping with illness, caregiver stress, and dementia. Also conducted mental status examinations.

Practicum Intern, Any Baby Can, Kerrville, Texas, (Fall 1998). Provided individual, couples, and family counseling for families whose children have chronic or terminal illnesses and disabilities.

Practicum Intern, Kerrville State Hospital (Summer 1998). Provided individual and group counseling for adults with chronic mental illness or an acute life crisis.

Practicum Intern, Sterling and Associates, Kerrville, TX (March-December, 1998). Provided individual and family counseling.

Practicum Intern, Community Counseling Center, Holy Cross Medical Center, San Antonio, TX (Jan.- May 1988). Provided individual, family, and couples counseling.

Practicum Intern, Schreiner College, Kerrville, TX (Jan.- May, 1998). Provided counseling. E:\T0 Tdmye01 Tc0.0.97.2(es)

Volunteer, Molly Stark Hospital, Louisville, Ohio (summer 1976). Volunteered 32 - 40 hours per week with cancer patients and the elderly.

RESEARCH POSITIONS

Research Associate, Bowling Green State University, with a placement at the N.W. Ohio Dementia and Memory Center, Office of Geriatric Medicine, Medical College of Ohio, Toledo, Ohio, May, 1988 to August, 1991. Supervised by John F. McGreevey Jr., M.D. and John Cavanaugh Ph.D.

Research Assistant/Database Coordinator, Bowling Green State University, with a placement at the N.W. Ohio Dementia and Memory Center, Office of Geriatric Medicine, Medical College of Ohio, Toledo, Ohio, August 1987 - May, 1988. Supervised by John F. McGreevey Jr., M.D., and John Cavanaugh, Ph.D.

Research Assistant, University of Cincinnati, 1982-1984. Supervised by Drs. K. Burlew, E. Klein, & J. Warm.

RESEARCH PROJECTS

Human Sexuality Research Group. Collaborative research group co-conducted with Dr. Don Lucas of NW Vista College; with former McNair mentees and students from Our Lady of the Lake University and NW Vista students.

Collaborative research project conducted with Dr. Lavina Noronha, formerly of the Worden School of Social

NATIONAL AND INTERNATIONAL CONFERENCE PRESENTATIONS

De La Cruz, Maria, Guerrero, Brenda, M, Pace, L., Ramirez, Juan (March 27th, 2023), The Brain Goes to College: The Impact of Chronic Stress on Learning in College Students. The 2023 International Conference on Education and Social Development Paper Presentation, Lone Star College, Houston, Texas, USA.

Pace, L., De La Cruz, Maria, Guerrero, Brenda, Villanueva, Bianca, (September 15th, 2023), Predictors of Flourishing Among Undergraduate Students. Thirteenth International Conference on Health, Wellness & Society Paper Presentation, .UBC Robson Square, Vancouver, Canada + Online

Moretta Guerrero, B., De La Cruz, M. & Pace, L. (2022, November 27). *Internationalization of two*

~~https://doi.org/10.1002/9781119811111.ch103~~

Moretta Guerrero, B. (April 22, 2004). **Loss and Grief in Dementia Family Caregivers**. Presentation at the Annual Meeting of the Association for Death Education and Counseling, Pittsburgh, Pennsylvania.

Moretta Guerrero, B. (April 29, 30, & May 1, 2, 2003 & Aug. 22, 29, & Sept. 5, 12, 2002). **Attending to the Emotional Needs of the Dying**. International mini-series audioconference. Sponsored by the University of Texas Health Science Center at San Antonio and the Teleconference Network of Texas.

Moretta Guerrero, B. (April 12, 2002). **Understanding the Loss and Grief Experience of Alzheimer's Family Caregivers**. Presentation at the Annual Meeting of the Association for Death Education and Counseling, Portland, Oregon.

Moretta Guerrero, B. (Jan. 24, 2002). **Emotional Support of the Dying**. International teleconference presented as part of the "End of Life Issues" series. Sponsored by the University of Texas Health Science Center at San Antonio and the Teleconference Network of Texas.

Moretta Guerrero, B. (June 14, 2001). **The Loss and Grief Experience of Alzheimer's Family Caregivers**.

Workshop published by the

Death Education and Counseling, Chicago, Ill.

Moretta Guerrero, B. (March 21, 1998). **Cognitions, Depression, Quality of Life and Will-to-Live in Lung Cancer Patients.** Paper presentation at the Annual Meeting of the Association for Death Education and Counseling, Chicago, Ill.

Moretta Guerrero, B. (November 2, 1997). **Grief: How to Care for the Professional Caregiver.** Invited presentation at the 48th Annual Meeting of the National Kidney Foundation, San Antonio, TX.

Moretta Guerrero, B. (October 15, 1997). **Loss and Grief in Social Work Practice.** Nationally broadcast audioconference sponsored by the Teleconference Network of Texas, The University of Texas Health Science Center at San Antonio, San Antonio, TX.

Moretta, B. & Cavanaugh, J. (June 28, 1997). **Identification of Cancer-Related Stressors in Lung Cancer Patients.** Poster presentation at the annual meeting of the Association for Death Education and Counseling, Washington, D.C.

Moretta, B. & Williams, C. (April 26, 1996). **Understanding Loss and Grief Among Alzheimer's Family Caregivers.** Presentation at the annual meeting of the Association for Death Education and Counseling, Pittsburgh, PA.

Moretta, B.J., Hicks, B.H., & Cavanaugh, J.C. (Nov., 1991). **The Relationship between Self-Care Agency and Burden in Family Caregivers.** Poster presentation at the annual meeting of the Gerontological Society of America, San Francisco, CA.

Moretta, B.J., Cavanaugh, J.C., McGreevey, J.F., Zilkoski, M.W., & Hicks, B.H. (Nov., 1991). **The interrelationships among several caregiver variables that influence the caregiving experience.** Poster presentation at the annual meeting of the American Geriatric Society, Chicago, Ill.

McGreevey, J.F., Moretta, B.J., Hicks, B.H., Zilkoski, M.W., Cavanaugh, J.C., & McSweeney, A.J. (Nov., 1990). **Caregiver and Patient Variables Related to Caregiver Burden When Caring for a Demented Relative.** Poster presentation at the annual meeting of the Gerontological Society of America, Boston, MA.

Moretta, B.J., McGreevey, J.F., & Cavanaugh, J.C. (May, 1990). **Psychosocial Correlates of Patient Morale in a Community-Dwelling Demented Population.** Poster presentation at the annual meeting of the American Geriatric Society, Atlanta, GA.

REGIONAL CONFERENCE PRESENTATIONS

Moretta Guerrero, B., De la Cruz, M., & Decena, A. (June 6, 2019). **Self-Nurturing to manage stress and avoid burnout in foster care professionals.** 10th Annual Education Reach for Texans Conference, Austin, Texas.

De la Cruz, M., & Moretta Guerrero, B. (June 6, 2019). *The impact of foster care: Outcomes in health, education, and social support in abused and neglected children.* 10th Annual Education Reach for Texans Conference, Austin, Texas.

the 21st Annual Texas Joint Conference on Aging, Kerrville, TX.

Moretta Guerrero, B. (May

Moretta Guerrero, B. (Dec. 9, 2011). **Working with Stress and Anxiety in Elementary – High School Youth.** Required 3-hour inservice trainings (AM & PM) for NE Independent School District school counseling staff, NEISD, San Antonio, TX.

Moretta, Brenda J. (April 7, 1989). **Elder Abuse within the Family Context.** Paper presented at the Thirteenth Annual Professional and Scientific Ohio Conference on Aging sponsored by ONECA, the Ohio Network of Educational Consultants in the Field of Aging, Oxford, Ohio.

Cavanaugh, J.C, Moretta, B.J., Morton, K.R., & Warren, R. (April 22, 1988). **Applying Theory to Solve Gerontological Problems.** Panel presentation given at the Twelfth Annual Professional and Scientific Ohio Conference on Aging, sponsored by ONECA, the Ohio Network of Educational Consultants in the Field of

Moretta Guerrero, B. (August 1 & 8, 2003). **Stress Management.** Invited two-day inservice training for telemetry nursing staff, Sid Peterson Memorial Hospital, Kerrville, Tx.

Moretta Guerrero, B. (May 17, 2002). **Decj0.001 02 Td()Tj0.003ee**

for social workers. Sponsored by the Odessa-

Alzheimer's Disease Lecture Forum at the Medical College of Ohio, Toledo, OH.

Moretta, Brenda J. (December 12, 1988). **Biological Changes Associated with Alzheimer's Disease and Concomitant Behavioral Problems**. Presentation given at the Alzheimer Support/Education Group Meeting at Wood County Hospital, Bowling Green, OH.

PUBLICATIONS

Moretta Guerrero, B., De la Cruz, M., & Pace, L. (2022, November 27). *Internationalization of two undergraduate psychology courses* [Conference session]. The IIER International Conference on Psychology, Language, and Teaching, San Antonio, United States, 27th – 28th November 2022. [5363-167091271823-26.pdf](https://www.worldresearchlibrary.org/5363-167091271823-26.pdf) ([worldresearchlibrary.org](https://www.worldresearchlibrary.org))

De La Cruz, M., Guerrero, B., Pace, L., Ramos, S., (2021, May). *F.003 2Tc -BS BDC 10.0 0 0 1 e)2 e -BS BDC .i10.0 0 pBA,*

- Psychology Club Faculty Organizer and Sponsor, 1992-2000
- Executive Committee Faculty Welfare Committee Representative, 1995
- Faculty Welfare Committee, 1994-1996
- Strategic Planning Council, 1995

AWARDS/COMMENDATIONS

- **Service-Learning Faculty Fellows Seminar (SLFFS) participant, Summer 2018.**
- **Minnie Piper Stevens Award for Outstanding University Teaching in the State of Texas.** OLLU nominee, 2007.
- **Carnegie Foundation U.S. Professor of the Year Award** Nominee, 2007.
- **Association for Death Education and Counseling Service Award**, 2000-2001.
- **Who's Who Among America's Teachers**, 2000, 2002, 2004, 2005, 2007, 2008
- **First Annual Marian Primomo Quality of Life Award for Excellence in End of Life Care**, presented by VITAS Healthcare Corporation, nominee, 1997.
- **Minnie Piper Stevens Award for Outstanding University Teaching in the State of Texas.** OLLU nominee, 1997.
- **Our Lady of the Lake University Administrative Commendation for Outstanding Teaching**, Spring, 1992; Fall, 1992; Spring, 1993; Fall, 1993; Spring, 1994; Fall, 1995; Spring, 1996; Fall, 1996; Fall 1997; Spring 1998; Fall 1998; Spring 1999, Spring, 2000 (commendation process ended in Fall, 2000).
- **Outstanding Graduate Student Paper/Presentation Award** at the Thirteenth Annual Professional and Scientific Ohio Conference on Aging sponsored by ONECA, the Ohio Network of Educational Consultants in the Field of Aging, Oxford, Ohio, April 7, 1989.
- **Freebourne Outstanding Graduate Teaching Award**, Bowling Green State University, finalist, 1987.
- **Cum laude**, University of Cincinnati, June, 1984.
- **Dean's List**, University of Cincinnati, 1982, 1983, 1984.

FUNDING

- **OLLU Course Internationalization Grant** for \$1,000 (granted Fall, 2019, implemented Spring, 2019).
- **OLLU Research Project Award** for \$600.00 (September, 2002). Project title: Death rituals, death anxiety, and meanings of death across cultures.
- **OLLU Research Project Award** for \$743.25 (September, 1992). Project title: The Relationship between Cognitions, Depression, Will-to-Live, and Quality of Life in Lung Cancer Patients.
- **OLLU Research Project Award** for \$643.25 (September, 1993). Project title: The Relationship between Cognitions, Depression, Will-to-Live, and Quality of Life in Lung Cancer Patients.

AREAS OF INTEREST

Lifespan Development, Thanatology (Death, Dying, Loss and Grief); Stress Management/Burnout Prevention; and Counseling Psychology.

UNDERGRADUATE COURSES TAUGHT

Face to Face: Lifespan Development, Counseling Theories & Techniques, Group Counseling, Stress

Management, Introductory Psychology, Psychology of Aging, Social Gerontology, Aging and Health, Introduction to Gerontology, Mental Health and Aging, Death, Dying, and Grief, Abnormal Psychology, Helping Relations, Learning Theories, Psychology in the Classroom (Educational Psychology).

Online: Lifespan Development, Counseling Theories & Techniques, Stress Management

Hybrid: Counseling Theories & Techniques; Group Counseling; Stress Management; Death, Dying &