## D K. H , P .D.

```
Ε
        "#$%&%!
                               '()*#+,-*.!"#$/0(,(.$!12"2!2//3+4-5+4!"3(.3678!
       19::;8
                              < )3!=64$!(>!50+!=6?+!@*-A+3#-5$!
                              B6*!2*5(*-(C!D+E6#!
       F%B%
                               ',-*-/6,!"#$/0(,(.$!
       19::G8
                              B5%! F 63$\\#!@ *-A+3\\-5$!
                              B6*!2*5(*-(0!D+E6#!
       I %2%!
                              F6J(3K!"#$/O(,(.$!!
                              B5+L0+*!M%!2)#5-*!B565+!@*-A+3#-5$!
       19:;;8
                              N6/(.4(/0+#0!D+E6#!
L
            Ρ
                            - #37518
                Ε
0 L
                   L
                                       2##(/-65+!"3(>+##(3!(>!"#$/0(,(.$
PsyD Counseling Psychology Training Director!
                               K!!2Q*(376,!"#$/0(,(.$0!R-#5(3$!6*4!B$#5+7#0!B53+*.50#!
I 6#+4!2LL (6/0+#0! ' () *#+,-* .!SK!DO+(3$!6*4!B?-,,#0! ' () *#+,-* .!SSK!T3() L!=+64+3#0-L0!
"0$#-(,(.-,5,!"#$/0(,(.$0!'(.*-5-A+!"#$/0(,(.$0!B565-#5-/#0!"36/5-/)70!U+#+63/0!
F+50(4#0!F+6,50!"#$/0(,(.$0!F+*56,!R+6,50!6*4!2.-*.0!D0+(3-+#!(>!"+3#(*6,-5$0!
=65-*È!"#$\\\D(\,(\ .\$\\!!
```

```
K! ')33+*5!6##-. * 7 +*5!-*A(,A+#! [ (3?-*.!
                 Α
Α
(*!50+!4+#-. *!6*4!-7L,+7+*565-**!(>!50+!D+E6#!B()507(#5!'(,,+.+\#!W)6,-5$!
X*06*/+7+*5! ".6*!1WX "8%!!DO+ WX "!-#!6*!-*5+.36,!L635! (>!50+!3+6>>-3765-(*!(>!
6//3+4-565-(*!L3(/+##![-50!50+!E )50+3*!2##(/-65-(*!(>!'(,,+.+#!6*4!B/0((,#!
'(77-##-(*!(>!'(,,+.+\!DB'\#!\X"!>(/)#+#!(*!+*06*/-*.!/(3+!/)33-/),)7!/()3#+#![-50!
7+56/(.*-5-A+!-*#53)/5-(*\!"3-(3!\(!\#+3A-*\).!6\#!50+!\WX\"!4-3+/5(3\!\#+3A+4!6\#!\06-3!(>!
1+06A-(36,!B/-+*/+#!4+L6357+*5!6*4!5*5+3-7!&+6*!(>!R)76*-5-+#%!!!
                              В
                                                         В
Α
                         C
2##-#56*5!"3(>+##(3!!
                                                         GOOY!P!GO9V!
                                                 !
                                                         16*)63$0!GOOY!^!2).)#50!GOOY!
=+/5)3+3!
             !
'()*#+,-*.!'+*5+3!&-3+/5(3!
                                                         G009!P!G00Y!
            : 20*(376,!"#$/0(,(.$0!R+6,50!"#$/0(,(.$0!"(#-5-A+!
!T+*+36,!"#$/0(,(.$0!=->+#L6*!6*4!&+A+,(L7+*56,!"#$/0(,(.$0!R-#5(3$!(>!
"#$/O(,(.!!DO+(3-+#!(>!"#$/O(5O+36L$!1.364)65+!,+A+,80!"+3#(*6,!T3([50!6*4!
&+A+, (L7-1364)65+!, +A+, 80!20*(376,!"#$/0(,(.$!$\!1.364)65+!, +A+, 8\!1.364)65+!)
C
                              \frac{1}{5} \frac{3+}{5+4!} + A + 36!}{7 L(*+*5!![-50-*!50+!'()*#+,-*.!]}
'+*5+3C!-*/|)4-*.K!'(..+.+!2##-#56*/+!F-.36*5!"3(.367C!"+3#(*6.!'()*#+.-*.C!'63++3!
'()*#+,-*.B!6*4!B5)4+*5!B)LL(35!B+3A-/+#%! "3(A-4+4!-*4-A-4)6,0!.3()L!6*4!/()L,+#!
/()*#+,-*. +7+3.+*/$!/(A+36.+0!6*4!/(*#),565-(*#!>(3!>6/),5$!6*4!#56>>\!"3(A-4+4!
/,-*-/6,!#) L 3A-#-(*!>(3! 7 6#5+3#P,+A+,!L36/5-5-(*+3#%!D6).05!+50-/#! [ (3?#0 (L#!>(3!
=-/+*#+4!"\(>+##-(*6,!'()*#+,(3#0!=-/+*#+4!F+4-/6,!B(/-6,! (3?+3#0!6*4!U+.-#5+3+4!
N)3#+#%!!
  . M
                                                                               !
B56>>! "#$/d(,(.-#5!!
                                                         9:::!P!G009!!
"3(A-4+4!-*|4-A-4)6,!6*4!/()L,+#!/()*#+,-*.0!.3()L!50+36L$0!-*56?+!6##+##7+*5#0!
+7+3.+*/$\!/(A+36.+C!/63++3!6*4!,+63*-*.!4-#6Q-,-5$!6##+##7+*5#\\!2##-#5+4!-*!L3(A-4-*.!
#) L+3A-#-(*!5(!L36/5-/) 7!#5) 4+*5#!6*4!L#$/O(,(.$!3+#-4+*5#\!!"3(A-4+4!A63-()#!
[ (3?#O(L#!>(3!3+#-4+*/+!O6.,!#56>>!(*!/3-#-#!-*5+3A+*5-(*0!/(77))*-/65-(*!#?-.,#0!6*4!
3+>+336.!L3(/+4)3+#%!
```

!
"3(A-4+4!-\*4-A-4)6,0!>67-,\$0!6\*4!.3()L!50+36L\$!(\*!6\*!-\*L65-+\*50!46\$!0(#L-56,0!6\*4!
()5L65-+\*5!Q6#-#%!'(\*4)/5+4!L#\$/0(,(.-/6,16##+##7+\*5#!6\*4!#/3++\*-\*.#!>(3!4-6.\*(#5-/!6\*4!53+657+\*5!L,6\*\*-\*.!L3(/+4)3+#%!'(\*4)/5+4!Q-(>++4Q6/?!50+36L\$![-50!/03(\*-/!L6-\*0!6\*E-+5\$0!6\*4!#53+##!3+,65+4!/(\*4-5-(\*#%!'(34-\*65+4!53+657+\*5!L,6\*#![-50!A63-()#!76\*6.+4!/63+!(3.6\*-a65-(\*#%!!!!!

P P !!!!!!

```
/,6##3((7!.634+*!L3(J+/5K!!2*!+A6,)65-(*!(>!50+!Q+*+>-5#!5(!/O-,43+*!65!]67+#!
        F64-#(*!+,+7+*563$!#/0((,%!!
                                                                                    1G80!GZYPGYV%!
Ρ
R)+3560!&%!12L3-,0!GO9G8%!!
                                                       %!! "3+#+*5+4!65!50+!ZY<sup>th</sup>!2**)6,!F++5-*.!
        (>!50+!B()50[+#5+3*!"#$/0(.(.-/6.!2##(/-65-(*C!<?.60(76!'-5$C!<?.60(76!!)
=6 [ C!U%! ' (EC! ' %!&6A-#C! ' %!c!R ) +356C!&%!12L3-,C!GO9G8%!!
                                                  !! "3+#+*5+4!65!50+!ZY<sup>th</sup>!2**)6.!F++5-*.!(>!
       50+!B()50[+#5+3*!"#$/0(,(.-/6,!2##(/-65-(*0!<?,60(76!'-5$0!<?,60(76\!!
'+3A6*5+#0!F\\(0!=-/(*60!"\\(0!&6A-\)(!_\(0!R)+3560!&\(0!c!'(E0!'\)!!12L3-,0!GO9G\)!
                                                                    " (#5+3!L3+#+*5+4!65!50+!ZY<sup>th</sup>!
        2 * * ) 6,! F ++5- * .!(>!50+!B() 50 [ +#5+3*! " #$/0(,( .-/6,!2##(/-65-( *0!B6*!2*5( *-(0!
       D+E6#%!
'+3A6*5+#0!F\(\mathbb{K}\)!=(a(\$60!e\(\mathbb{K}\)!<35-a0!T\(\mathbb{K}\)! | 633(#(0!]\(\mathbb{K}\)!T)5-+33+a0!2\(\mathbb{K}\)!R-*(J(#60!e\(\mathbb{K}\)!F635g*+a0!
       e%!c!R)+3560!&%!!12L3-,0!G09G8%!
                                                         " (#5+3!L3+#+*5+4!65!50+!ZY<sup>th</sup>!2**)6.!
        ' + 3A6*5 + \#0! F\%! = (a(\$60! e\%! < 35-a0! T\%! | 1633(\#(0!) \%! T)5 + + 33 + a0! 2\%! R - * (J(\#60! e\%! F635 - * + a0!) F635 - * + a0!) F635 - * + a0!
        e%!c!R)+3560!&%!1F63/00!G09G8%!!
                                      %!!" (#5+3!L3+#+*5+4!65!50+!9hth!2**)6,!@DIdDB'!
       U+#+63/0!B$7L(#-)70!13([*#A-,,+0!D+E6#%!!
R)+3560!&%0!c!_((40!b%!12L3-,0!G0998%!
        " (#5+3!L3+#+*5+4!65!50+!ZZ^{th}!2**)6,!F++5-*.!(>!50+!B()50[+#5+3*!"#$/0(,(.-/6,!)
       2##(/-65-(*C!B6*!2*5(*-(C!D+E6#%!!
((40!b%b%!R)+3560!&%0!c!](0*#(*0!F%!12L3-,0!G0998%!!
                                                                 %!!" (#5+3!L3+#+*5+4!65!50+!ZZ<sup>th</sup>!
       2 * * ) 6,! F ++5- * .!(>!50+!B()50 [ +#5+3*!
```

!
U(43g.)+aC!&%C!2,,+\*C!T%C!'+3A6\*5+#C!F%C!M,(3+#C!i%C!SQ6336C!]%C!D6\$,(3C!I%C!'676/O(C!"%C!C!R)+356C!&%!1F63/OC!GO998%!!