

KATRINA COOK, Ph.D., Lh)67CACREP program
Dissertation: An Evaluation of School Counselor Supervision

University of Texas San Antonio, TX- 195

Master of Arts in Educational Psychology

University of Texas Austin, TX- 1981

Bachelor of Arts in English

LICENSURE AND CERTIFICATION

1987- present Texas Licensed Professional Counselor 9009

2003- present Texas Licensed Professional Counselor Supervisor

1992- present Texas Licensed Marriage & Family Therapist 2714

2004- present Texas Licensed Marriage & Family Therapist Supervisor

EMPLOYMENT HISTORY

UNIVERSITY TEACHING EXPERIENCE

2020 – Current Professor at Our Lady of the Lake University
Program Coordinator – Counseling

2018 – 2020 Associate Professor at Our Lady of the Lake University
Program Coordinator – Counseling

2014 – 2018 Associate Professor at Texas A&M University – San Antonio
Practicum Coordinator

2010-2014 Assistant Professor at Texas A&M University San Antonio

2008-2010 Assistant Professor at Texas A&M University Corpus Christi
Coordinator – School Counseling Program

2006 Adjunct Lecturer at Our Lady of the Lake University

2005-2007 Graduate Assistant at University of Texas San Antonio

CLINICAL EXPERIENCE

- 2006- present Clinical Supervisor- Independent practice
San Antonio, Texas
- 2012 Clinical Supervisor at Family Outreach, Corpus Christi, Texas
- 2008-2009 Psychiatric Assessment Team Member at Methodist Health Care
System, San Antonio, Texas
- 2006- 2008 Clinical Supervisor at Jewish Family and Children's Services
San Antonio, Texas
- 1992- 2000 Group Therapist at ~~Mission Road Development Center~~
San Antonio, Texas
- 1990- 1995 Private Practitioner at Group Therapy Center of San Antonio, Texas
- 1986-1989

Mayorga, M. G., Ferguson, M. G., Cook, K., & Wardle, E. A. (2013). School counselors' perception of their multicultural competency. *Journal on Educational Psychology*.

Cook, K., Lusk, A., Miller, L. C., Dodier, O., & Salazar, A. M. (2012). Understanding unearned privilege: An experiential activity for counseling students. *Journal for Creativity in Mental Health* 7(3) 289-303. doi: 10.1080/15401383.2012.710167

Cook, K., Trepal, H., & Somody, C. (2012). Supervision of school counselors: The SAAFT model. *The Journal of School Counseling* 10(21). Retrieved from <http://www.jsc.montana.edu/articles/v10n21.pdf>.

Abernethy, C., & Cook, K. (2011). Resistance or disconnection: A relational approach to supervisee anxiety and nondisclosure. *Journal of Creativity in Mental Health* 6(1) 2

Evans, M., Zambrano, E., Cook, K., Moyer, M., & Duffey, T. (2011). Enhancing school counselor leadership in multicultural advocacy. *Journal of Creativity in Mental Health* 6(1) 2

Cook, K. & Mayorga, M. G. (July, 2019). Who's left out sticker activity. In Pope, J., Gonzalez, M., Cameron, E. R. N., & Pangelinan, S. (Eds.). *Social justice and advocacy in counseling: Experiential activities for teaching*.

Cook, K. & Mayorga, M. G. (2018). The synchronistic choice. In Jordan, J., Perkins, B., & Lee, R's *Handbook of experiential teaching in counselor education: A resource guide for counselor educators*. Charleston, South Carolina: CreateSpace Independent Publishing.

Mayorga, M. G. & **Cook, K.** (2018). Exploring different cultures. In Jordan, J., Perkins, B., & Lee, R's *Handbook of experiential teaching in counselor education: A resource guide for counselor educators*. Charleston, South Carolina: CreateSpace Independent Publishing.

Cook, K. (2017). New chapter. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions* (2ed.). New York, NY: Springer Publishing Company.

Cook, K. (2017). Life maps. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions* (2ed.). New York, NY: Springer Publishing Company.

Cook, K. (2017). Altered books: Changed lives. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions* (2ed.). New York, NY: Springer Publishing Company.

Cook, K. & Sangganjanavanich, V. S. (2017). Constructed stories. In S. Degges-White, & N. Davis, *Integrating the expressive arts into counseling practice: Theory-based interventions* (2ed.). New York, NY: Springer Publishing Company.

deVries, S. R., **Cook, K.**, & Mayorga, M. (2016). Emotionally focused career portfolio processing intervention for mature adults. In S. Degges-White (Ed.) *Innovative Career Counseling Interventions*.

Mayorga, M., **Cook, K.**, Mudge, S., Hinojosa, T., & Wardle, A. (2016). Latino adolescent grief group in K. Malott, & T. Paone's *Latino adolescent counseling groups*. Taylor & Francis Group.

Cook, K., Mudge, S. & Malloy, L. (2016). Multimedia career trading cards. In S. Degges-White (Ed.) *Innovative career counseling interventions*

Cook, K. (2014). Expressing grief through poetry writing. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Malloy, L, & **Cook, K.** (2014). Career trading cards. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Mayorga, M. & **Cook, K.** (2014). Remembrance bead bracelets. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Mudge, S. & **Cook, K.** (2014). Multimedia timeline. In S. Degges, & B. Colon's *Expressive arts interventions for school counselors*.

Cook, K. & Storment, C. (2006). Trusting the process: Clinical supervision of a group counselor. In L. Golden & P. Henderson (Eds.). *Case studies in school counseling*. Upper Saddle River, NJ: Merrill/Prentice Hall.

Cook, K. & Mayorga, M. (2019). Sticker exclusion activity. In Pope, M., Gonzalez, M., Cameron, E. & Pangelinan, J. S. (Eds). *Experiential activities for teaching social justice and advocacy competence in counselors*.

Mayorga, M. G. & **Cook, K. (2019).** Marginalization activity. In Pope, M., Gonzalez, M., Cameron, E. & Pangelinan, J. S. (Eds). *Experiential activities for teaching social justice and advocacy competence in counseling*.

Edited Book

Shuler, M. K., Keller-Dupree, E., & **Cook, K.** (Eds.). (2016). *Transformational learning experiences: A conversation with counselors about their personal and professional developmental journeys*. NY: Hamilton Books.

Refereed Presentations

INTERNATIONAL AND NATIONAL PEER REVIEWED PRESENTATIONS (** indicates presented with students)

Mayorga, M., & **Cook, K.** (September 2, 2019). Preparing counselors in training to work from an international perspective: What does that look like? Mediterranean Region Counselors Association Annual Conference. Naples, Italy.

Mayorga, M., **Cook, K.**, & Hicks, J. (October 7, 2018). Ethics, counselor wellness and therapeutic effectiveness. European Branch of the American Counseling Association Conference, Athens, Greece.

Cook, K. (July, 2016). Promoting professionalism: The intersection of competence and commitment. European Conference on Psychology and the Behavioral Sciences. Brighton, England.

Mayorga, M. G., de Vries, S., & **Cook, K.** (October 3, 2015). Implications for counselor wellness behavior among professional counselors. European Branch of the American Counseling Association, Naples, Italy.

Cook, K., Mayorga, M., Mudge, S., Hinojosa, T., & de Vries, S. (March 28, 2014). Creative activities to help counseling students understand unearned privilege. American Counseling Association Annual Convention. Honolulu, Hawaii.

Mayorga, M. G., Wardle, E. A., & **Cook, K.** (October 20, 2013). Using a supervision model to construct an individualized learning plan for the diverse supervisee. Association for Counselor Education and Supervision. Denver, Colorado.

Shuler, M. & **Cook, K.** (October 18, 2013). Spiritual autobiography: A transformative journey for a counselor in training. Association for Counselor Education and Supervision. Denver, Colorado.

Cook, K., Mayorga, M., Jones, B., Durodoye, B., Lusk, A., & Miller, C. L. (March 23, 2012). Creative activities to help counselors help students understand White privilege. American Counseling Association Annual Convention. San Francisco, California.

Cook, K. (September 18, 2010). I'm not privileged! Activities to Help Students Explore White Privilege. Association for Creativity in Counseling. Portland, Oregon.

Sangganjanavanich, V., **Cook, K.**, & Lane, I. (July 5, 2010). Career fantasy. American School Counselor Association Conference. Boston, Massachusetts.

Cook, K. (October 18, 2009). Supervision of School Counselors: Revisiting the Cactus in the Desert. Association for Counselor Education and Supervision Conference. San Diego, California.

Golden, L., **Cook, K.**, & Jones, B. (October 17, 2009). The Parent Consultation Case. Association for Counselor Education and Supervision Conference. San Diego, California.

** Abernethy, C., & **Cook, K.** (October 15, 2009). Managing Supervisee

Cook, K., & Mayorga, M., (October 3, 2014). Creative activities to help counseling students understand unearned privilege. Rocky Mountain Counseling Association for Counselor Education and

** Lane, I., Cook, K., & Mitchell, R. (November 12, 2009). Diversity 101: Multiculturalism? Racial micro aggressions? White privilege, Does it all make sense? Texas Counseling Association Annual Professional Growth Conference. Dallas, Texas.

Henderson, P., Zambrano, E., Jones, B., & Cook, K. (February 16, 2009). Being a good boss: Providing meaningful supervision in counseling. Secondary School Counselors Conference, Austin, Texas.

Henderson, P., Cook, K., Zambrano, E., & Jones, B. (January 29, 2009). Teaching administrative supervision in counseling. Texas Association for Counselor Education and Supervision Mid Winter Conference. Austin, Texas.

Henderson, P., Cook, K., Zambrano, E., & Somody, C. (November 6, 2008). Administrative Supervision in Counseling. Texas Counseling Association Annual Professional Growth Conference, Houston, Texas.

Henderson, P., Zambrano, E., Cook, K., & Somody, C. (November 8, 2007). Supervision of school counselors. Texas Counseling Association Annual Professional Growth Conference. Corpus Christi, Texas.

Henderson, P., Zambrano, E. & Cook, K. (December 1, 2006). Supervision of school counselors. Texas Counseling Association Annual Professional Growth Conference, San Antonio, Texas.

Haberstroh, S., Marbach, C. & Cook, K. (2006). Online Counseling. Texas University College Counseling Center Conference, San Antonio, Texas.

Henderson, P., Zambrano, E. & Cook, K. (February 17, 2006). Supervision of school counselors. Texas Association for Counselor Education and Supervision, Austin, Texas.

Cook, K. & Zambrano, E. (November 5th, 2005).

Cook, K. (November, 1999). The ethical counselor. Texas Counseling Association Professional Growth Conference. Corpus Christi, Texas.

Cook, K. (October, 1987). Survival roles of children of alcoholics. Texas Counseling Association Professional Growth Conference. Odessa, Texas.

LOCAL PEER REVIEWED PRESENTATIONS (** indicates presented with students)

**** Cook, K., & Payne, R.** (January, 2010). The art of journaling: Expressing what's within. South Texas Counseling Association Winter Workshop. San Antonio, Texas.

Cook, K. (January, 2004). What color is your office? South Texas Counseling Association Winter Workshop. San Antonio, Texas.

Cook, K. & Tower, N. (January, 1996). Substance abuse counseling. South Texas Counseling Association Winter Workshop. San Antonio, Texas.

Cook, K., Rodriguez, A. & Flores, A. (January, 1992). Family shield, support for families impacted by Desert Storm. South Texas Counselor's Association Winter Workshop. San Antonio, Texas.

Non Refereed Presentations

Cook, K., & Payne, R. (June, 2010). The art of journaling: Expressing what's within. Keynote speaker for Northside ISD School Counselor Summer Institute. San Antonio, Texas.

Cook, K. (April 7, 2010). The hidden messages of environmental color. Chi Sigma Iota. Texas A&M University, Corpus Christi, Texas.

Cook, K. (March 8, 2010). Finding your personal leadership style with Tacky the Penguin. Sanders Elementary School 3rd grade students. Corpus Christi Independent School District, Corpus Christi, Texas.

Cook, K. (February 10, 2010). Managing supervisee anxiety and resistance. Coastal Association of Marriage and Family Therapy. Corpus Christi, Texas.

Cook, K. (October 16, 2008). Managing supervisee anxiety and resistance. Professional development conference for practicum and internship site supervisors. Texas A&M University, Corpus Christi, Texas.

professional development conference for practicum and internship site supervisors. University of Texas - San Antonio, Texas.

Evans, M., Durodoye, B., Zambrano, E. & Cook, K. (February 18, 2006). biculturalism, diversity and poverty. UTSA First Generation College Student Grant Presentation. San Antonio, Texas.

Zambrano, E. & Cook, K. (February 9, 2006). New school counselor academy: Program evaluation. Region XX Education Center, San Antonio, Texas.

Zambrano, E. & Cook, K. (November 10, 2005). New school counselor academy: Program planning. Region XX Education Center, San Antonio, Texas.

Zambrano, E. & Cook, K. (September 29, 2005). New school counselor academy. Region XX Education Center, San Antonio, Texas.

Zambrano, E. & Cook, K. (September 12, 2005). Critical incident training for school counselors. Region XX Education Center, San Antonio, Texas.

Cook, K. & Zambrano, E. (May 31, 2005). My office is speaking: Using elements of interior design to communicate to clients. Northside ISD elementary counselors. San Antonio, Texas.

Barris, R., Cook, K., Farias, M., Felts, A., Holcomb, M., Joseph, M., Krause, J., Nichols, S. & Wynn, M. S. (September, 2004). The adults: Information & counselors. Northside ISD, San Antonio, Texas.

Cook, K., Krause, J., & Storment, C. (September, 2004). The martial arts of substance abuse counseling. Northside ISD secondary counselors. San Antonio, Texas

Cook, K. (September, 2004). Appreciating diversity. Jordan Middle School Faculty. Northside ISD, San Antonio, Texas.

Libby, M. & Cook, K. (August, 2004). Responding to high risk youth in the classroom. Taft High School Faculty. Northside ISD, San Antonio, Texas.

Cook, K., Gleitz-Alviar, L. & Perez, T. (February, 2004). Champions for the whole child. Warren High School Faculty, Northside ISD, San Antonio, Texas.

Cook, K. (February, 2004). The signs and symptoms of substance abuse. Warren High School Faculty. Northside ISD, San Antonio, Texas.

Cook, K. (Annually, 2000-2004). Wheel of misfortune group activity. Northside ISD counselors, San Antonio, Texas.

Cook, K., Joseph, M., Loew, M., Perez, T., Telles, P. & Wynn, M., (Annually, 1999-2004). Developmental assets: A web of support. Northside ISD counselors, San Antonio, Texas.

Cook, K. (Annually, 1999-2004). Developmental assets. Northside ISD counselors, San Antonio, Texas.

Cook, K. (Annually, 1996-2004). The ethical counselor. Northside ISD counselors, San Antonio, Texas.

Cook, K. (Annually, 1995-2004). The signs & symptoms of substance abuse. Northside ISD counselors, San Antonio, Texas.

Krause, J., Cook, K., Joseph, M., Loew, M., Tebbes, P., Tower, N., & Wynn, M. (August, 2003). Clear and consistent messages for at-risk students. Northside Alternative Middle Schools Faculty, Northside ISD, San Antonio, Texas.

Cook, K. & Egli, B. (March, 2003). Empowering youth in the classroom. Taft High School faculty, Northside ISD, San Antonio, Texas.

Libby, M. & Cook, K. (March, 2003). Responding to youth in crisis. Taft High School faculty, Northside ISD, San Antonio, Texas.

Cook, K. & Egli, B. (March, 2003). Developmental assets: Empowering youth. Taft High School faculty, Northside ISD, San Antonio, Texas.

Cook, K. (February, 2003). Effects of traumatic stress in a disaster situation. Taft High School faculty, Northside ISD, San Antonio, Texas.

Barris, R., Cook, K., Farias, M., Krause, J., Loew, M., Martin, Joseph, M., Tebbes, Gates, P., Tower, N. & Wynn, M. S. (Annually, 1995-2003). Introductory and intermediate substance abuse training. Northside ISD counselors. San Antonio, Texas.

Cook, K., Loew, M. & Wynn, M. (October, 2002). Developing a substance abuse prevention & intervention program. Northeast Independent School District Counselors Presentation, San Antonio, Texas.

Cook, K. (October, 2001). Stress reactions following 9/11. Taft High School faculty, Northside ISD, San Antonio, Texas.

Cook, K. & Kershner, D. (October, 2001). Signs and symptoms of substance abuse and developmental assets. Taft High School faculty, Northside ISD, San Antonio, Texas.

Barris, R., Cook, K., Joseph, M., Loew, M., Perez, T., Tebbes, Gates, P. & Zambrano, E. (May, 2001). Biennial survey of drug and alcohol use.

Cook, K. (April, 1999). Developmental assets: A web of support. Taft High School Project Graduation volunteers. Northside ISD, San Antonio, Texas.

Cook, K., Joseph, M. & Perez, T. (November, 1998). Group dynamics. Northside ISD counselors, San Antonio, Texas.

Loew, M. & Cook, K. (August, 1995). Inhalant abuse in Texas. San Antonio, Texas.

Cook, K., Diou, S., Loew, M., Pear, K., Tebbates, P. & White, S. (June, 1995). Counseling and teaching techniques with children of alcoholics. Northside ISD counselors, San Antonio, Texas.

Cook, K. (August 1994). Survival roles of children of alcoholics. Taft High School, Northside ISD, San Antonio, Texas

Cook, K. (March, 1992). Family shield parent support group during Desert Storm. Guest Lecturer. Our Lady of the Lake University Counseling Class, San Antonio, Texas.

Cook, K. (April, 1988). Successful parent conferences. Northside Counselors Association. San Antonio, Texas.

Cook, K. (December, 1987). Successful parent conferences. Buson Station faculty, Northside ISD, San Antonio, Texas.

Cook, K. (February, 1986). Signs & symptoms of substance abuse. Buson Station Elementary School parents. Northside ISD, San Antonio, Texas.

Cook, K. (1984). Stress management. Southwest Middle School faculty. San Antonio, Texas.

Funded Grants

Cook, K. (2018). Heat I Grant. Our Lady of the Lake University: \$500.

Cook, K. (2007). Association for Counselor Education & Supervision Research Grant: \$1,500.

Cook, K. (2005). Texas Counseling Association Educational Endowment Fund: \$500.

Other

PROFESSIONAL NEWSLETTER ARTICLE

Cook, K. (February, 2005). STCA winter workshop dream catchers: Many dreams, one vision. South Texas Counseling Association Newsletter, 5(3).

INSTRUCTOR'S MANUALS & MATERIALS (&)-4 (j EMC f (e)4 (a)4 (18.78 -1c)4 9.-dTT1 1 Tf -4 (LE)JTJ D4

2011-2012 Co-Chair Curriculum Advisory Board for Development of MFC Program with
Emphasis on Military Families
Co-write proposal for the program

2014 December	CACREP Site Team Member
2014 April	CACREP Site Team Member
2013 July	CACREP Site Team Member
2013 April	CACREP Site Team Member
2012-2022	Reviewer Journal for Creativity in Mental Health
2015-2019	Reviewer Journal of School Counseling
2012	Proposal Reviewer for the Annual Conference American Counseling Association (ACA)
2010	Executive Editor

HONORS AND AWARDS

- 2009 Paid Reviewer, Sage Publications
- 2006 Editorial Assistance
L. Golden & P. Henderson (Eds.). (2006). Case studies in school counseling. Upper Saddle River, NJ: Merrill/Prentice Hall.
- 1984 Editorial Assistance
Cull, J. G., & Golden, L. B. (1984) Psychotherapeutic techniques in school psychology. Springfield, IL: Charles C. Thomas Publisher.